### Accepted Manuscript

Title: Combined Transvaginal/Transabdominal Pelvic Ultrasonography Accurately Predicts the 3 Dimensions of Deep Infiltrating Bowel Endometriosis Measured after Surgery: a Prospective Study in a Specialized Center.: Diagnostic Value of TV/TA-US for Bowel DIE

Author: Alessandra Di Giovanni, Lucia Casarella, Marina Coppola, Domenico Iuzzolino, Marianna Rasile, Mario Malzoni

PII:	S1553-4650(18)30155-9
DOI:	https://doi.org/10.1016/j.jmig.2018.03.003
Reference:	JMIG 3450

To appear in: The Journal of Minimally Invasive Gynecology

 Received date:
 13-10-2017

 Revised date:
 25-2-2018

 Accepted date:
 6-3-2018

Please cite this article as: Alessandra Di Giovanni, Lucia Casarella, Marina Coppola, Domenico Iuzzolino, Marianna Rasile, Mario Malzoni, Combined Transvaginal/Transabdominal Pelvic Ultrasonography Accurately Predicts the 3 Dimensions of Deep Infiltrating Bowel Endometriosis Measured after Surgery: a Prospective Study in a Specialized Center.: Diagnostic Value of TV/TA-US for Bowel DIE, *The Journal of Minimally Invasive Gynecology* (2018), https://doi.org/10.1016/j.jmig.2018.03.003.

This is a PDF file of an unedited manuscript that has been accepted for publication. As a service to our customers we are providing this early version of the manuscript. The manuscript will undergo copyediting, typesetting, and review of the resulting proof before it is published in its final form. Please note that during the production process errors may be discovered which could affect the content, and all legal disclaimers that apply to the journal pertain.



1	Original article
2	
3	Combined transvaginal/transabdominal pelvic ultrasonography accurately predicts
4	the 3 dimensions of deep infiltrating bowel endometriosis measured after surgery: a
5	prospective study in a specialized center.
6	
7	
8	Diagnostic value of TV/TA-US for Bowel DIE
9	
10	
11	Alessandra Di Giovanni, MD; Lucia Casarella, MD; Marina Coppola, MD; Domenico
12	Iuzzolino, MD ; Marianna Rasile, MD; Mario Malzoni, MD
13	
14	Endoscopica Malzoni, Center for Advanced Endoscopic Gynecologic Surgery, Avellino, Italy.
15	
16 17 18 19 20 21 22 23 24 25	Corresponding author Alessandra Di Giovanni, MD Endoscopica Malzoni, Center for Advanced Endoscopic Gynecological Surgery Via C. Errico 2 Avellino Italy E-mail: dott.a.digiovanni@gmail.com Tel. +39 3337663219
26	
27	<b>Keywords:</b> TV/TA-Ultrasound; Bowel; Deep Infiltrating Endometriosis; DIE;
28	
29	Disclosure statement: The authors declare that they have no conflicts of interest and
30	nothing to disclose

#### 31 PRECIS

32 Ultrasonography can be considered an accurate diagnostic technique for the evaluation of

33 deep infiltrating bowel endometriosis when performed by a dedicated experienced

34 sonographer in the setting of a specialized center.

35

36

37 ABSTRACT

38 **Study objective:** To assess sensitivity and accuracy of combined 39 transvaginal/transabdominal ultrasonography for evaluation of deep infiltrating bowel 40 endometriosis nodules measured after surgery.

41 **Design:** A prospective study (Canadian Task Force classification II.1).

42 **Setting:** A Center for Advanced Endoscopic Gynecologic Surgery from January 2014 to 43 December 2016.

44 Patients: All women undergoing laparoscopic surgery and scheduled for segmental
45 resection for clinically suspected bowel endometriosis.

Interventions: In all women clinically suspected for bowel endometriosis, an ultrasound scan was performed before surgery to detect and measure the 3 diameters of bowel endometriotic lesions. These diameters were compared with those obtained by direct measurement on the fresh specimen. Sensitivity and specificity values of ultrasound evaluation were calculated, with 95% confidence intervals (CIs).

51 Measurements Main **Results:** The sensitivity and and specificity of 52 transvaginal/transabdominal ultrasound, in the 328 patients of this study were 100% when 53 rectal endometriotic lesions were investigated. The specificity was 100% while the sensitivity decreased to 91.4% when sigmoid lesions were investigated. Bowel muscularis infiltration 54 was histologically confirmed in all cases (284/284; 100%) where endometriotic lesions were 55 sonographically detected. All missed sigmoid lesions (12/296) were at a distance of >25 cm 56 from the anal verge. Mean diameters of endometriotic nodules calculated by ultrasound 57 58 evaluation and by direct measurement on fresh specimen were 43.19×19.87×10.79 mm and

42.76×19.64×10.62 mm respectively, without statistically significant differences between
methods used.

61 **Conclusion:** In conclusion, we believe that ultrasonography can be considered an accurate 62 diagnostic technique for the evaluation of deep infiltrating bowel endometriosis when 63 performed by a dedicated experienced sonographer in the setting of a specialized center .

- 64
- 65
- 66
- 67

Accepted Manuscrik

#### 68 **INTRODUCTION**

Deep infiltrating endometriosis (DIE) is defined as an endometriotic lesion infiltrating the 69 70 peritoneum and penetrating into the retroperitoneal space or the wall of the pelvic organs to a depth of at least 5 mm [1]. Many of the anterior and posterior compartment of the pelvis 71 72 can be involved [2–4]. The most common site of extragenital endometriosis is the intestinal tract, which is involved in 3-37% of cases of DIE [5-7]. Bowel infiltration is defined as 73 74 endometriosis invading the muscularis, lesions limited to the serosa are superficial disease [2,8]. Bowel endometriosis is most frequently found in the rectosigmoid junction and rectum 75 (65.7%), the sigmoid colon (17.4%), the caecum and ileo-caecal junction (4.1%), the 76 appendix (6.4%) and the small bowel (4.7%) [9]. 77

Although clinical suspicion increases with experience and awareness, the vast majority of 78 79 deep endometriotic lesions cannot be diagnosed by clinical examination alone [10]. Deep endometriosis should be suspected in all women complaining of dysmenorrhea, deep 80 81 dyspareunia, severe chronic pain, dyschezia and bowel symptoms as constipation/diarrhea, 82 which is the most important sign of deep infiltrating bowel endometriosis. Some women, 83 however, are asymptomatic. In women suspected of having bowel endometriosis imaging 84 can confirm the presence and extent of the disease [11–13]. The reported sensitivities and 85 specificities of transvaginal ultrasonography to diagnose deep bowel endometriosis are variable, between higher than 85% and up to 100%. [13-15]. 86

87 The accuracy of US in predicting diameters of bowel endometriosis is not known.

The aim of this study therefore was to assess the accuracy of the dimensions of bowel endometriosis predicted by ultrasound in comparison with those measured after surgery.

90

#### 92 METHODS

93 STUDY DESIGN - All women aged between 18 and 45 years undergoing laparoscopic 94 surgery and scheduled for segmental bowel resection in Malzoni Clinic, Center for 95 Advanced Endoscopic Gynecological Surgery (Avellino, Italy) between January 2014 and 96 December 2016 with an ultrasound evaluation performed by ADG less than 1 month before 97 surgery were included in this study.

Women were clinically suspected of having bowel endometriosis, based on their history of cyclic and/or chronic pelvic pain and/or bowel symptoms and/or clinical examination (DIE bowel nodule suspicion at pelvic manual exploration). When not responsive or with contraindications to long term hormonal medical therapy, they were scheduled for laparoscopic surgery with bowel segmental resection if needed.

103 Surgeon's decision to do a bowel segmental resection was based on the intraoperative 104 detection of the bowel infiltrating lesion(s) and upon estimated difficulty of shaving or 105 performing nodulectomy due to diameters of the nodule(s) itself.

As preoperative exams they underwent a transvaginal/ transabdominal US scan and some of them an MRI (in case multifocal/multicentric bowel involvement at US evaluation); patients complaining of rectal bleeding underwent colonoscopy in order to exclude bowel malignancies and/or primitive inflammatory bowel diseases.

Symptoms were recorded on a 1-10 degrees Visual Analogic Scale (VAS) with value of 1
corresponding to minimal pain and 10 to very severe pain.

Exclusion criteria were: a past and/or current gynaecological malignancy; the absence of symptoms and/or non-surgical management; a duration between ultrasound evaluation and surgery greater than one month; US scans performed by operators operators other than ADG or diagnosis exclusively performed by other imaging techniques (MRI).

The study was approved by our Institutional Review Board and all patients signed an informed consent upon inclusion, confirming that the results of examination and/or biological material could be used for research purposes.

119 ULTRASOUND SCANNING TECHNIQUE- Ultrasound evaluations in this study were 120 performed by one investigator (A.D.G.), with extensive experience in gynaecological US 121 scanning , especially for deep infiltrating endometriosis ( >2000 scans only in this specific 122 field prior to the onset of the study)

The scans were performed with a GE E6 ultrasound machine (GE Healthcare, Zipf, Austria), using a wideband 5–9 MHz endovaginal and 4–8 MHz abdominal transducers. A glycerol micro enema (6,75 g glycerol solution for rectal administration) was given a few hours before sonographic evaluation without other bowel preparation.

127 The ultrasound examination was performed irrespective of the phase of the menstrual cycle128 or the intake of hormonal medical therapy.

Uterus, adnexa and all potential locations for DIE in the anterior (bladder) or posterior 129 130 compartment (vagina, recto-vaginal septum, torus and uterosacral ligaments, parametria and 131 ureters, rectum and recto-sigmoid junction) were examined. Ultrasound examination was 132 always completed with transabdominal evaluation for kidneys, diaphragm and bilateral iliac 133 fossa (in order to explore caecum/appendix/terminal ileum and descending colon). Trans-134 rectal evaluation was occasionally performed only when vaginal endometriotic lesions were 135 suspected. In addition to bowel infiltrating lesions, all locations of pelvic endometriosis were 136 systematically evaluated and recorded but were beyond the scope of this study.

The standard ultrasound technique for the assessment of deep infiltrating bowel endometriosis used in our institution was performed as follows: with the tip introduced into the posterior vaginal fornix, the probe was moved upwards to achieve full visualization of the rectosigmoid wall layers. Bowel muscular layer was identified as a hypoechogenic thin line in the midsagittal plane adjacent to a hyperechogenic layer representing the rectosigmoid submucosa (Fig.1)[16].

Rotation of the probe and up and down movements were necessary to extend the visualization of the rectosigmoid as far as technically feasible. We usually started from the caudal part of the rectum, at the level of the posterior vaginal fornix, proceeding upwards and following rectosigmoid curves, up to recto-sigmoid junction and proximal sigmoid,

approximately at the level of uterine fundus and above the left adnexa (25-30 cm from theanal verge).

Bowel endometriotic infiltrating nodule was identifiable as the presence of a regular or irregular hypoechogenic mass, with poor or no vascularization, distorting and replacing the normal appearance of the muscular layer of the recto-sigmoid wall [16,17].

152 The hypoechogenic area represents infiltration and hypertrophy of the rectosigmoid muscle

153 (normal thickness 1.5-2.5 mm) (Fig.2a).

According to recent published criteria, each bowel infiltrating lesion (as all other pelvic DIE lesions) was measured systematically in three orthogonal planes, to obtain the length (midsagittal measurement), thickness (anteroposterior -AP measurement) and transverse diameter [17] (Fig 2b and 3a).

In our experience, mid-sagittal and transversal diameter are measured with curved lines
following infiltrated muscular layer axis in order to avoid underestimation of the lesion (Fig 2b
and 3a).

161 Moreover, in transversal section the percentage of circumference involved was calculated 162 automatically (Fig 3b).

Nodule infiltration depth at the level of the muscular layer was measured as anteroposterior diameter on the mid sagittal plane (Fig 4). Often bowel nodules are contiguous to infiltrating lesion of adjacent structures (retro-cervical area, vagina, RVS) but they appear slightly more hypoechoic than the latter. It is important to exclude from the AP diameter of the bowel nodule any extra-intestinal component in order to avoid overestimation of the true thickness of the muscularis lesion itself (Fig 5).

169 Moreover, stenosis can be evaluated comparing lumen width at the level of deepest 170 infiltration with adjacent segment free of disease.

The distance between the lowest limit of the bowel nodule and the anal verge was always evaluated by retracting the probe down to the perineal plane and measuring the resulting distance (splitting in dual image for nodules not so low as to be included in a single

screenshot). Endometriotic nodules are considered as rectal when detected within 12 cm
from the anal verge, otherwise as sigmoid if over 12 cm from the anal verge.

176 In cases of nodules infiltrating the rectum-sigmoidal junction, the lesion was considered 177 rectum or sigmoid according to localization of the largest part of the nodule itself.

178 In cases of multicentric/multifocal bowel involvement (multiple nodules, 12% of cases) only
179 the biggest nodule was considered for analysis.

Often the bowel is so retracted that even the upper segments can adhere to the posterior wall of the uterus, with complete disruption of normal anatomy. Clear identification of normal, thin muscular layer allows measurement of mid sagittal diameter (length) of healthy/normal bowel segment below the infiltrating nodule with a curved line following muscular layer axis and its distance from the anal verge (Fig 6).

185 It is important to be aware that sometimes the retraction within rectosigmoid DIE lesions can 186 result in an underestimation of the true length of the lesion. This has been described as the 187 'mushroom cap' sign on MRI and can also be noted on TVS[17].

188 Special attention was given to the pain felt by the patient when evaluating all painful sites 189 evoked by a gentle pressure of the probe ("tenderness-guided" ultrasonography) [18,19]

SURGICAL PROCEDURES AND SPECIMEN EVALUATION- Surgical procedures, when severe endometriosis with bowel and/or ureteral involvement is suspected, are performed by an expert surgeon (M.M.) with extensive experience in laparoscopic pelvic surgery. All procedures, including colorectal and urological ones were performed by him and his surgical team, with no need for further multidisciplinary approach; surgical techniques were extensively described previously [20].

After surgery, all measurements were performed on the fresh specimen by the surgeon (M.M.) using a flexible ruler. The length of the resected bowel segment, the diameters of the nodule and its thickness of infiltration in the muscular layer were assessed.

Deep endometriosis was confirmed in all women by the presence of endometrial glands andstroma at histopathological examination of resected bowel segments.

201 STATISTIC DATA ANALYSIS- According surgical confirmation of presence/absence of 202 sonographically identified bowel nodules, sensitivity and specificity were calculated with 203 95% confidence intervals (CIs).

204 Statistical evaluation was performed with SPSS version 19.0 (SPSS, Inc., Chicago, Illinois).

205 A p-value of <0.05 was considered statistically significant.

206 The 3 diameters of each nodule, measured by ultrasound and following surgery, were evaluated by Pearson regression analysis. Mean diameters , expressed as mean ± 207 208 standard deviation (SD), were evaluated with Student t-test.

209

210

#### 211 **RESULTS**

Deep infiltrating bowel endometriosis was suspected in 1,005 patients during the observation period. Bowel nodule resection by shaving was performed in 633 patients. Bowel segmental resection was scheduled in 372 patients of whom 328 met inclusion criteria. Bowel segmental resection was performed in 296 patients, who met inclusion criteria. Clinical features of patients enrolled in the present study are reported in Table 1.

Ultrasound pelvic investigation took between 30 and 45 minutes. All 3 diameters, longitudinal, anterio-posterior and transverse-, of endometriotic nodules measured by
ultrasound , accurately predicted diameters measured on the fresh specimen (Table 2, Fig
This is obvious from their correlations and the narrow 95% confidence limits .

All rectal nodules had been diagnosed by ultrasound which is a sensitivity of 100% ;sigmoid lesions were diagnosed in 128/140 cases which is a sensitivity of 91.4 %. Results are reported in table 3. The accuracy of the US evaluation was 0.93.

All undetected sigmoid lesions (12/296) were at a distance >25 cm from the anal verge; all of them were associated with at least one other bowel deep endometriotic lesion detected preoperatively.

Among all 328 patients scheduled for bowel resection and undergoing LPS surgery, 32 were intraoperatively judged negative for bowel infiltration, thus not resected (other nonintestinal deep endometriotic lesions were removed, but out of the aims of this study); all these patients were negative for bowel infiltrating lesions at the time of US preoperative evaluation.

Muscularis infiltration was predicted by ultrasound in 284/296 women and was histologically
confirmed in all of them (100%) after surgery.

For mucosal involvement sensitivity was 50% while specificity was 100%.

235

236

#### 237 **DISCUSSION**

The main challenges of imaging for endometriosis are the detection of non-ovarian disease and the evaluation of the extension of the disease into pelvic structures[1].

Systematic evaluation of DIE abdomino-pelvic extension includes details of the anatomical localizations, size and number of DIE nodules and, concerning bowel lesions, depth of infiltration of nodules with opportunity to estimate wall deformation/degree of stenosis of the bowel lumen and the distance from the anal verge (lower lesions are associated with higher risk of complications, [19]).

This information is important to plan surgical procedures, to choose the appropriate multidisciplinary surgical team if not available a pelvic surgeon (who is able to perform colorectal/urologic/neuropelveologic procedures alone) and to accurately counsel the patient[1].

Because of its high diffusion and relatively low cost and discomfort, transvaginal ultrasonography is considered as the first line procedure, even if controversial results regarding sensitivity and specificity in the diagnosis of deep bowel endometriosis are recognized[13].

The present study shows that high specificity and sensitivity can be obtained when a skilled ultrasonographer performs the scans. The lack of a difference between the direct measurement on fresh specimen and the ultrasound evaluation showed that the latter method is extremely accurate for quantifying features of bowel endometriotic nodules.

The main strengths of the present study were that we included a large number of patients, that all ultrasound scans were performed in the same center by the same sonographer and all suspicious ultrasound lesions were confirmed on the surgical specimen by histologic examination. However, this study was limited by the fact that both surgeons and the sonographer knew the history and clinical symptoms of the patient.

Moreover, up to our knowledge, this is the first study assessing predictivity of non–contrast enhanced US evaluation on all bowel nodules diameters (evaluated on the standard three orthogonal planes).

265 To reach this level, a dedicated specialist training seems to be an essential step.

The main strengths of the present study were that we included a large number of patients, that all ultrasound scans were performed in the same center by the same sonographer and all suspicious ultrasound lesions were confirmed on the surgical specimen by histologic examination. However, this study was limited by the fact that both surgeons and the sonographer knew the history and clinical symptoms of the patient.

Moreover, up to our knowledge, this is the first study assessing predictivity of non–contrast enhanced US evaluation on all bowel nodules diameters (evaluated on the standard three orthogonal planes).

274 Sensitivity and specificity in this study refer to nodules detected or undetected at LPS 275 evaluation and scheduled for bowel resection, thus being for sure larger nodules.

Our main aim was to evaluate the accuracy of us evaluation on nodules' diameters more than the detection rate of all bowel nodules, for this reason we didn't include all the small nodules undergoing nodulectomy procedures : there our detection rate it's the same (data not shown), but not specified because out of the aims of the present study.

280 We only included patients scheduled for bowel resection because we wanted an entire 281 surgical specimen to be compared with US findings. We couldn't do it on shaved nodules 282 because, for the technique itself, the specimen would be necessarily smaller than 283 sonographically measured (a minimal fibrosis is always left in place in that cases), and 284 sometimes fragmented at histopathological evaluation; it could have be done on specimens 285 from discoid resection, but we didn't performed any of such procedure in that period: we 286 usually only do it for nodules less than 2/2.5 cm in length but with deep infiltration of the 287 muscularis, quite rare in our experience, and we didn't found such lesions in our case series 288

Close cooperation and dialogue between the surgeon and imaging specialist are crucial. At the time of surgery the verification of the sonographically suspected lesions is a key stage to improve detection and definition of deep infiltrating bowel endometriosis. We would like to

emphasize that all missed sigmoid lesions (12/296) were at a considerable distance from the
anal verge (>25 cm), not presumably within the ultrasound field.

Findings observed in the present study have been corroborated by recent studies. In a recent meta-analysis, TVS, either with or without bowel preparation, was found to be an accurate predictor of rectosigmoid DIE[14]. Variation and controversy regarding results from undertaking this first-line procedure may be attributed to the different levels of expertise of sonographers.

299 TVS was observed to be a highly accurate and reproducible method for non-invasive 300 diagnosis of DIE in well-trained staff[12,13]. Furthermore, Ros and colleagues demonstrated 301 that transvaginal ultrasound (TVUS) with bowel preparation has a higher accuracy than 302 TVUS without bowel preparation[15]. However, this study was limited by the small sample 303 size (N=40) and tissue specimens were not compared to US measurements. Other 304 procedures are often employed in other centers for the detection of deep infiltrating bowel 305 endometriosis. Magnetic resonance imaging may be considered technically less operator 306 dependent and can also provide information about lesions at the level of the sigmoid, but 307 specific expertise of radiologists in the evaluation/interpretation of resulting images is crucial; 308 the conclusions reached are similar to those of ultrasonographic examination [20-24].

In our institute, MRI is recommended as a second-line integrative procedure in the following
 cases: multicentric endometriotic infiltration of the rectosigmoid segment evaluable by TVS

 $(\geq 2 \text{ detectable nodules in the bowel tract up to 25-30 cm from the anal verge}); strong$ clinical suspicion of bowel endometriotic infiltration with completely negative TVS evaluationof the rectosigmoid segment indicated above; clinical and/or TVS suspicion of right colonsegments (caecum, appendix, ileo-cecal valve) not completely evaluable byultrasonographic combined TV/TA approach.

316 Our data suggest that transvaginal ultrasonography has good sensitivity and high specificity 317 in the evaluation of bowel endometriotic nodules when performed by a dedicated 318 sonographer with extensive training and expertise. According to some authors, in cases of

suspected bowel stenosis based on symptoms and on TVS findings, a barium enema couldbe useful to decide for segmental resection[1].

321 Colonoscopy is almost invariably negative. Only in rare cases of very large nodules with a 322 severe bowel stenosis and/or mucosal/submucosal infiltration colonoscopy may be judged 323 positive. The prevalence is estimated to be <5 in 1,000 cases[1]. In our practice, we abandoned colonoscopy and barium enema, because these procedures were not 324 325 considered to provide additional information that could influence the decision of whether to perform surgery. However, we believe that colonoscopy is always indicated in patients with 326 327 rectal bleeding and/or lesion with atypical morphology/vascularization (e.g. atypical grey scale features different from the usual ones previously described and extensive infiltration of 328 mucosal layer and/or increased Doppler vascularization) requiring differential diagnosis with 329 330 bowel cancer.

According to available data, TVS has low accuracy in diagnosing the infiltration of the mucosal layer[10]. Transrectal ultrasound, which is a valuable tool for detecting rectal endometriosis as endometriotic infiltration of the muscularis layer, is less accurate in assessing submucosal/mucosal layer involvement[25–27]. In contrast, our data showed high specificity and high positive predictive value in excluding the involvement of the mucosal layer. However, this assessment has little significance because it is a very rare event.

Some authors reported that the mean time for the performance of the ultrasound technique was 20 minutes in cases where the presence of deep endometriosis was suspected, less if not suspected[28]. Furthermore, standardized evaluation of painful symptoms is useful for screening women who may require a more detailed examination[29]. In our experience, all patients with clinical suspicion of endometriosis undergo systematic ultrasound evaluation of all pelvic compartments and not just those suspected for DIE, in order to obtain a complete mapping of all affected areas.

In conclusion, we believe that ultrasonography can be considered an accurate diagnostic

technique for the evaluation of deep infiltrating bowel endometriosis when performed by a

346 dedicated experienced sonographer in the setting of a specialized center .

Moreover, surgery is not indicated in all patients with deep endometriosis but when surgery is chosen, the most appropriate surgical procedure should be performed with the goal to achieve the best patient outcome. Concerning bowel infiltrating nodules, when to perform segmental bowel resection instead of nodulectomy is still a matter of debate. It has been debated too whether and when imaging can predict whether a bowel resection has to be performed or whether the decision should be taken during surgery.

- According a recent experts' consensus paper [30] some criteria for bowel segmental
- resection were highlighted: large nodules (>3 cm) and/or involvement of inner layer of the
- 355 muscularis or deeper and/or multiple nodules.
- 356 Our high accuracy of the ultrasonographic measurement of the diameters of a deep
- 357 endometriosis nodule infiltrating the bowel before surgery strongly suggests that these
- 358 measurements can be used to decide about the most appropriate surgical procedure.

359

360

### 361 **ACKNOWLEDGEMENTS**

- 362 We thank Dr Colin Gerard Egan (CE Medical Writing, Pisa Italy) for skilful editorial
- 363 assistance and Professor Philippe R. Koninckx for his precious scientific guidance and

364 support.

365

### 367 **CONFLICT OF INTEREST**

- 368 All authors declare no conflicts of interest.
- 369
- 370
- 371

Accepted Manuschik

### 372 **REFERENCES**

- 1 Exacoustos C., Zupi E., Piccione E.. Ultrasound Imaging for Ovarian and Deep Infiltrating
- 274 Endometriosis. *Semin Reprod Med.* 2017;35(1):5–24. Doi: 10.1055/s-0036-1597127.
- 2 Chapron C., Fauconnier A., Vieira M., et al. Anatomical distribution of deeply infiltrating
- endometriosis: surgical implications and proposition for a classification. *Hum Reprod Oxf*
- 377 *Engl.* 2003;18(1):157–61.
- 378 3 Veeraswamy A., Lewis M., Mann A., Kotikela S., Hajhosseini B., Nezhat C. Extragenital
  andometriosis. *Clin Obstet Gynecol.* 2010;53(2):449–66. Doi:
- 380 10.1097/GRF.0b013e3181e0ea6e.
- 4 Koninckx P., Meuleman C., Demeyere S., Lesaffre E., Cornillie FJ. Suggestive evidence
- 382 that pelvic endometriosis is a progressive disease, whereas deeply infiltrating
- endometriosis is associated with pelvic pain. *Fertil Steril*. 1991;55(4):759–65.
- 384 5 Garry R. The effectiveness of laparoscopic excision of endometriosis. *Curr Opin Obstet* 385 *Gynecol.* 2004;16(4):299–303.
- 6 Emmanuel KR., Davis C. Outcomes and treatment options in rectovaginal endometriosis.
   *Curr Opin Obstet Gynecol.* 2005;17(4):399–402.
- 388 7 Collin GR., Russell JC. Endometriosis of the colon. Its diagnosis and management. Am
- 389 Surg. 1990;56(5):275–9.
- 390 8 Remorgida V., Ferrero S., Fulcheri E., Ragni N., Martin D.C. Bowel endometriosis:
- 391 presentation, diagnosis, and treatment. *Obstet Gynecol Surv.* 2007;62(7):461–70. Doi:
- 392 10.1097/01.ogx.0000268688.55653.5c.
- 393 9 Chapron C., Chopin N., Borghese B., et al. Deeply infiltrating endometriosis: pathogenetic
- implications of the anatomical distribution. *Hum Reprod Oxf Engl.* 2006;21(7):1839–45.
- 395 Doi: 10.1093/humrep/del079.
- 396 10 Koninckx P., Ussia A., Adamyan L., Wattiez A., Donnez J. Deep endometriosis: definition,
- diagnosis, and treatment. *Fertil Steril*. 2012;98(3):564–71. Doi:
- 398 10.1016/j.fertnstert.2012.07.1061.

399	11 Piketty M., Chopin N., Dousset B., et al. Preoperative work-up for patients with deeply
400	infiltrating endometriosis: transvaginal ultrasonography must definitely be the first-line
401	imaging examination. Hum Reprod Oxf Engl. 2009;24(3):602–7. Doi:
402	10.1093/humrep/den405.
403	12 Guerriero S., Ajossa S., Minguez JA., et al. Accuracy of transvaginal ultrasound for
404	diagnosis of deep endometriosis in uterosacral ligaments, rectovaginal septum, vagina
405	and bladder: systematic review and meta-analysis. Ultrasound Obstet Gynecol Off J Int
406	Soc Ultrasound Obstet Gynecol. 2015;46(5):534–45. Doi: 10.1002/uog.15667.
407	13 Guerriero S., Ajossa S., Orozco R., et al. Accuracy of transvaginal ultrasound for
408	diagnosis of deep endometriosis in the rectosigmoid: systematic review and meta-
409	analysis. Ultrasound Obstet Gynecol Off J Int Soc Ultrasound Obstet Gynecol.
410	2016;47(3):281–9. Doi: 10.1002/uog.15662.
411	14 Hudelist G., English J., Thomas AE., Tinelli A., Singer CF., Keckstein J. Diagnostic
412	accuracy of transvaginal ultrasound for non-invasive diagnosis of bowel endometriosis:
413	systematic review and meta-analysis. Ultrasound Obstet Gynecol Off J Int Soc Ultrasound
414	Obstet Gynecol. 2011;37(3):257-63. Doi: 10.1002/uog.8858.
415	15 Ros C., Martínez-Serrano MJ., Rius M., et al. Bowel Preparation Improves the Accuracy
416	of Transvaginal Ultrasound in the Diagnosis of Rectosigmoid Deep Infiltrating
417	Endometriosis: A Prospective Study. J Minim Invasive Gynecol. 2017. Doi:
418	10.1016/j.jmig.2017.06.024.

419 16Hudelist G., Ballard K., English J., et al. Transvaginal sonography vs. clinical examination

in the preoperative diagnosis of deep infiltrating endometriosis. *Ultrasound Obstet* 

421 *Gynecol Off J Int Soc Ultrasound Obstet Gynecol.* 2011;37(4):480–7. Doi:

422 10.1002/uog.8935.

- 423 17 Guerriero S., Condous G., van den Bosch T., et al. Systematic approach to sonographic
- 424 evaluation of the pelvis in women with suspected endometriosis, including terms,
- 425 definitions and measurements: a consensus opinion from the International Deep

- 426 Endometriosis Analysis (IDEA) group. Ultrasound Obstet Gynecol Off J Int Soc
- 427 *Ultrasound Obstet Gynecol.* 2016;48(3):318–32. Doi: 10.1002/uog.15955.
- 428 18 Guerriero S., Ajossa S., Gerada M., D'Aquila M., Piras B., Melis GB. "Tenderness-
- 429 guided" transvaginal ultrasonography: a new method for the detection of deep
- endometriosis in patients with chronic pelvic pain. *Fertil Steril*. 2007;88(5):1293–7. Doi:
- 431 10.1016/j.fertnstert.2006.12.060.
- 432 19 Saba L., Guerriero S., Sulcis R., et al. MRI and "Tenderness Guided" transvaginal
- 433 ultrasonography in the diagnosis of recto-sigmoid endometriosis. *J Magn Reson Imaging*.
- 434 2012;35(2):352–60. Doi: 10.1002/jmri.22832.
- 435 20 Malzoni M., Di Giovanni A., Exacoustos C., et al. Feasibility and Safety of Laparoscopic-
- 436 Assisted Bowel Segmental Resection for Deep Infiltrating Endometriosis: A Retrospective

437 Cohort Study With Description of Technique. *J Minim Invasive Gynecol.* 2016;23(4):512–25.

438 Doi: 10.1016/j.jmig.2015.09.024.

- 439 21 Bazot M., Lafont C., Rouzier R., Roseau G., Thomassin-Naggara I., Daraï E. Diagnostic
- 440 accuracy of physical examination, transvaginal sonography, rectal endoscopic
- sonography, and magnetic resonance imaging to diagnose deep infiltrating endometriosis.

442 *Fertil Steril.* 2009;92(6):1825–33. Doi: 10.1016/j.fertnstert.2008.09.005.

- 443 22 Bazot M., Darai E. Value of transvaginal sonography in assessing severe pelvic
- 444 endometriosis. *Ultrasound Obstet Gynecol.* 2010;36(2):134–5. Doi: 10.1002/uog.7746.
- 445 23 Bazot M., Gasner A., Lafont C., Ballester M., Daraï E.. Deep pelvic endometriosis: limited
- additional diagnostic value of postcontrast in comparison with conventional MR images.
- 447 *Eur J Radiol.* 2011;80(3):e331-339. Doi: 10.1016/j.ejrad.2010.12.006.
- 448 24 Abrao Mauricio S., Gonçalves MO., Dias JA., Podgaec S., Chamie LP., Blasbalg R.
- 449 Comparison between clinical examination, transvaginal sonography and magnetic
- 450 resonance imaging for the diagnosis of deep endometriosis. *Hum Reprod Oxf Engl.*
- 451 2007;22(12):3092–7. Doi: 10.1093/humrep/dem187.

- 452 25Belghiti J., Thomassin-Naggara I., Zacharopoulou C., et al. Contribution of Computed
- 453 Tomography Enema and Magnetic Resonance Imaging to Diagnose Multifocal and
- 454 Multicentric Bowel Lesions in Patients With Colorectal Endometriosis. *J Minim Invasive*

455 *Gynecol.* 2015;22(5):776–84. Doi: 10.1016/j.jmig.2015.02.019.

- 456 26 Rossi L., Palazzo L., Yazbeck C., et al. Can rectal endoscopic sonography be used to
- 457 predict infiltration depth in patients with deep infiltrating endometriosis of the rectum?
- 458 Ultrasound Obstet Gynecol Off J Int Soc Ultrasound Obstet Gynecol. 2014;43(3):322–7.
- 459 Doi: 10.1002/uog.12535.
- 460 27 Koga K., Osuga Y., Yano T., et al. Characteristic images of deeply infiltrating rectosigmoid
- 461 endometriosis on transvaginal and transrectal ultrasonography. *Hum Reprod Oxf Engl.*
- 462 2003;18(6):1328–33.
- 463 28 Guerriero S., Ajossa S., Gerada M., Virgilio B., Angioni S., Melis GB. Diagnostic value of
- transvaginal "tenderness-guided" ultrasonography for the prediction of location of deep

endometriosis. *Hum Reprod Oxf Engl.* 2008;23(11):2452–7. Doi:

- 466 **10.1093/humrep/den293**.
- 467 29 Chapron C., Barakat H., Fritel X., Dubuisson JB., Bréart G., Fauconnier A. Presurgical
- diagnosis of posterior deep infiltrating endometriosis based on a standardized

469 questionnaire. *Hum Reprod*. 2005;20(2):507–13. Doi: 10.1093/humrep/deh627.

- 30Abrão M.S., Petraglia F., Falcone T., Keckstein J., Osuga Y., Chapron C. Deep
  endometriosis infiltrating the recto-sigmoid: critical factors to consider before management. *Hum Reprod Update* 2015 May-Jun;21(3):329-39. doi: 10.1093/humupd/dmv003.
- 474
- 475
- 476

#### 477 **FIGURE LEGENDS**

- 478 Figure 1. Normal rectosigmoid wall layers: M, muscularis (hypoechoic); SM, submucosa
- 479 (hyperechoic); m, mucosa (hyperechoic); the thin hypoechoic layer between submucosa
- and mucosa can be identified as the muscularis mucosae.
- 481
- 482 Figure 2. A) Normal muscular (white arrow); endometriotic infiltration with resulting thickened
- 483 muscular layer (yellow arrow) hyperechoic submucosal layer (red arrow) with signs of
- 484 infiltration (hypoechoic spots). B) mid-sagittal nodule diameter (length) measured with a
- 485 curved line (yellow) following muscular layer axis; hyperechoic submucosal layer (white
- 486 arrows) with signs of infiltration (hypoechoic spots).
- 487
- Figure 3. a) transversal nodule diameter measured with a curved line (yellow) following

489 muscular layer axis; b) percentage of involved circumference.

490

Figure 4. Nodule infiltration depth at level of muscular layer measured as anteroposteriordiameter of the lesion on the mid sagittal plane.

493

494 Figure 5. Correct measurement of bowel lesion depth of infiltration with exclusion of less
495 hypoechoic outer endometriotic infiltrating tissue (RVS nodule in the image shown).

496

Figure 6. Mid sagittal diameter (lenght) of healthy/normal muscular layer below the infiltrating nodule measured with a curvy line (yellow) following muscular layer axis

- 499
- 500 Figure 7. Distribution of nodules according to longitudinal (a), AP (b) and transverse (c)
- 501 diameter. The association between US and specimen nodule diameter is represented by
- 502 scatter plots (d-f; please note: the software automatically couples very close values so on
- the grid only less than one third of dots are shown even if all the 284 coupled values are
- 504 included in the data sets). Regression coefficient and p-values are indicated. Data presented

- as mm and %. Confidence intervals (CI) indicated by dashed lines (---), for transversal
- 506 diameters (fig. 7f so narrow to be not shown).
- 507
- 508

Accepted Manuschik

Anamnestic Data	Mean±SD	
Age (years)	35.5±4.7	
BMI (Kg/ $M^2$ )	21.9±3.0	
	Number (%)	THOO
Symptoms	of 296 patients with	VAS Score
	Bowel DIE	Mean±SD
Dysmenorrhea	281 (95)	8.8±1.6
Dyspareunia	225 (76)	$7.0{\pm}3.0$
Dyschezia	240 (81)	$7.7 \pm 2.6$
Constipation	219 (74)	
Bowel Occlusion	18 (6)	
Diarrhea	53 (18)	
Rectal Bleeding	62 (21)	
<u> </u>	Number (%)	
Infertility	of 296 patients with	
·	bowel DIE	
Primary	71 (24)	
Secondary	15 (5)	
-	Number (%)	
Previous Surgery	of 296 patients with	
for endometriosis	bowel DIE	
Fotal	249 (84)	
≥2 surgery	124 (42)	
		A l
	Ó.	
	Ŕ	
	R	
	-CeQ	
	CeQ	
	Cool	

### 509 **Table 1. Anamnestic and clinical features of patients.**

- 513 Table 2. Similar (NS) diameters of endometriotic nodules as measured by Ultrasound
- 514 and on the surgical specimen. (Mean and SD).

Measure	Ultrasound evaluation	Direct measuremen on fresh specimen
Longitudinal Diameter (mm)	43.19±10.33	42.76±9.86
Transverse Diameter (mm)	19.87±6.51	19.64±6.39
Infiltration thickness (mm)	10.79±2.85	10.62±2.64
	NO	
	8	

### 517 **Table 3. Diagnostic accuracy for deep infiltrating bowel endometrotic lesion.**

Location	ТР	FP	TN	FN	Sensitivity % (95% CI)	Specificity % (95% CI)	PPV % (95% CI)	NPV % (95% CI)
Sigmoid	128	0	24	12	91.4 (85.8–95.1)	100 (97.1–100)	100 (97.1-100)	66.7 (58.8–73.7)
Rectum	156	0	8	0	100 (97.1–100)	100 (97.1–100)	100 (97.1–100)	100 (97.1–100)
Bowel muscular layer infiltration >5 mm	284	0	0	0	100 (98.3–100)	-	100 (98.3–100)	-
Bowel mucosal layer involvement	2	0	280	2	50 (44.1–55.9)	100 (98.3–100)	100 (98.3–100)	99.3 (97.2–99.9)

518 TP= True Positive; FP = False Positive; TN = True Negative; FN = False Negative; CI = ConfidenceInterval; PPV = Positive Predictive Value;

A COOR

519 NPV = Negative Predictive Value.

520

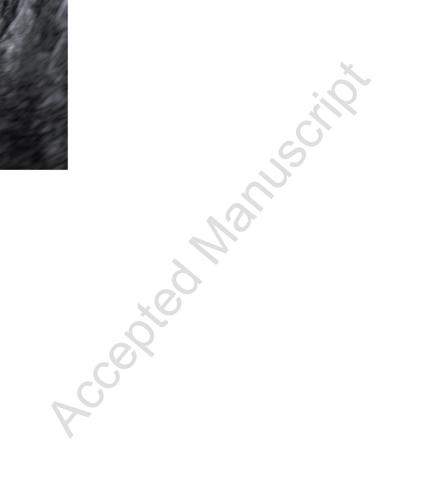
521

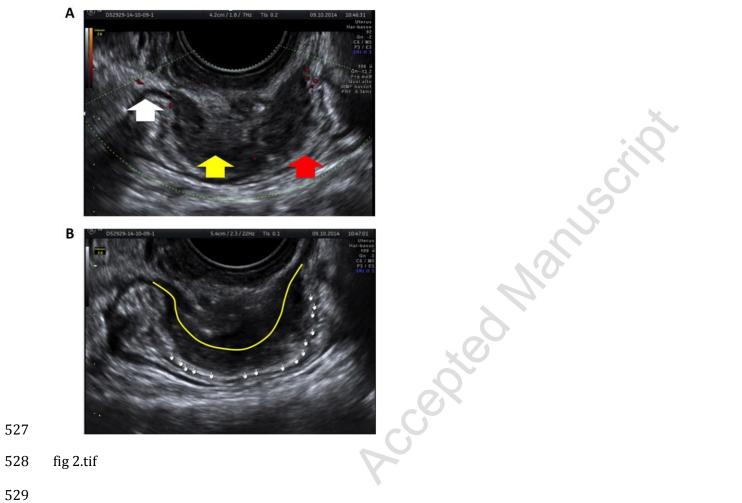
522

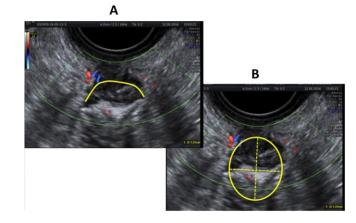


525 fig 1.tif

526







531 fig 3.tif

532



533

534 fig 4.tif

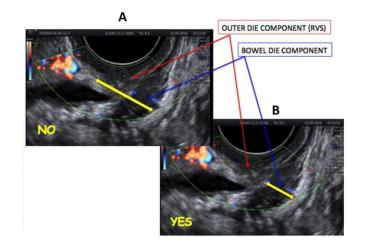
Α

В

MUSCULAR LAYER

535

Accepted Manuscript



536

537 fig 5.tif





- 540 fig 6.tif
- 541

